

EX: #76

T. MONTANA BELL #LD5447
@SCI. FAYETTE

TABB BICKELL, EXD 8

PA DOC

11/3/22

RE: NO MORE LOCKDOWN

DEAR TABB BICKELL,

I'VE BEEN REFUSING THE SO-CALLED STAMU PROGRAM FOR 12 MONTHS NOW, WHILE ON PHASE 5, TO PROTECT MY MENTAL HEALTH. ALTHOUGH IM STILL ALIVE, I'VE MENTALLY & PHYSICALLY DETERIORATED SIGNIFICANTLY AND CURRENTLY HAVE VISION OF AN EARLY DEATH IF THIS OR ANY LONG TERM SOLITARY CONFINEMENT IS CONTINUED OR PROLONGED FURTHER, (RRL, IMU, ETC). IM CURRENTLY A/C STATUS AND IS IN NEED OF GENERAL POPULATION TO BUILD MY RELATIONSHIPS UP WITH MY FAMILY IN AFRICA AND IN THE U.S.A. I ALREADY ENDURED 5 YRS OF RRL & SMU PLACEMENT FOR VIOLENT ACTS. I NEED ADEQUATE MENTAL HEALTH TREATMENT, NOT FURTHER LOCKDOWN. WRITE ME BACK ASAP. I'LL BE HAVING MY FAMILY AND ATTORNEYS CALL YOU SOON. IN TRUTH AND SPIRIT OF MAAT — MONTANA